

## Health History

**PATIENT NAME** \_\_\_\_\_ **BIRTHDATE** \_\_\_/\_\_\_/\_\_\_

**TODAY'S DATE** \_\_\_/\_\_\_/\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

Reason for your appointment with our office \_\_\_\_\_

Duration of problem \_\_\_\_\_

**PAST MEDICAL HISTORY:** Please check  all that apply to you or your family member listed

	YOU	FATHER	MOTHER	G'PARENT	SIBLING	CHILD
<b>Diabetes</b>						
<b>Heart Disease</b>						
<b>High Blood Pressure</b>						
<b>High Cholesterol</b>						
<b>Breast Cancer</b>						
<b>GYN Cancer</b> (Uterine/Ovarian/Cervical)						
<b>Colon Cancer</b>						
<b>Lung Cancer</b>						
<b>Kidney Cancer</b>						
<b>Prostate Cancer</b>						
<b>Skin Cancer</b>						
<b>Melanoma</b>						
<b>Head/Neck Cancer</b> (Mouth/Tongue/Thyroid)						
<b>Kidney Failure</b>						
<b>Thyroid Disease</b>						
<b>Liver Disease</b>						
<b>Stroke</b>						
<b>Stomach Ulcers</b>						
<b>AIDS or HIV</b>						

Please list any other medical problems not listed above \_\_\_\_\_

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**Please list all your previous surgeries:**

- 1. \_\_\_\_\_
- 3. \_\_\_\_\_
- 5. \_\_\_\_\_
- 7. \_\_\_\_\_
- 9. \_\_\_\_\_

- 2. \_\_\_\_\_
- 4. \_\_\_\_\_
- 6. \_\_\_\_\_
- 8. \_\_\_\_\_
- 10. \_\_\_\_\_

**\*When was your last colonoscopy? Date \_\_\_\_\_ Performed by: Dr. \_\_\_\_\_**

**Please list ALL your medications - include dosage/strength & how often you take them:**

- 1. \_\_\_\_\_
- 3. \_\_\_\_\_
- 5. \_\_\_\_\_
- 7. \_\_\_\_\_
- 9. \_\_\_\_\_
- 11. \_\_\_\_\_
- 13. \_\_\_\_\_

- 2. \_\_\_\_\_
- 4. \_\_\_\_\_
- 6. \_\_\_\_\_
- 8. \_\_\_\_\_
- 10. \_\_\_\_\_
- 12. \_\_\_\_\_
- 14. \_\_\_\_\_

**Are you on any Blood Thinning Medications?      Yes    No**

If yes, please circle which one you take:    Aspirin    Coumadin    Plavix    Effient

**Please list any medication ALLERGIES you have:**

\_\_\_\_\_

or indicate NKDA (no known drug allergies) by checking ✓ here:

**Social History:**

Tobacco status ✓: never smoked \_\_\_\_\_, former smoker \_\_\_\_\_, current everyday smoker \_\_\_\_\_, or  
current smoker, occasionally \_\_\_\_\_      \*How many years have you smoked? \_\_\_\_\_

Alcohol intake ✓: None \_\_\_\_\_, daily \_\_\_\_\_, weekly \_\_\_\_\_, rarely \_\_\_\_\_ \*Please specify how much: \_\_\_\_\_

What is/was your occupation? \_\_\_\_\_ Are you retired?    Yes    No

Are you disabled? Explain \_\_\_\_\_

Good health generally?	Yes	No	Burning or painful urination?	Yes	No
Recent weight change?	Yes	No	**Who is your kidney specialist? Dr. _____		
Gain _____ Loss _____			Incontinence?	Yes	No
Loss of appetite?	Yes	No	Joint pain or weakness?	Yes	No
Fever or night sweats?	Yes	No	Difficulty walking?	Yes	No
Any eye disease?	Yes	No	Memory loss or confusion?	Yes	No
History of heart trouble?	Yes	No	Excessive thirst?	Yes	No
**Who is your cardiologist? Dr. _____			Excessive urination?	Yes	No
Chest Pain?	Yes	No	Heat or cold intolerance?	Yes	No
Heart Palpitations?	Yes	No	Skin or nails drier?	Yes	No
Swelling of feet, ankles, or hands?	Yes	No	Difficulty sleeping/insomnia?	Yes	No
Chronic cough?	Yes	No	<b>Females:</b>		
Cough or spitting up blood?	Yes	No	How many pregnancies have you had? _____		
Shortness of breath?	Yes	No	How many children do you have? _____		
Wheezing?	Yes	No	Did you breastfeed?                      Yes      No		
Change in bowel movements?	Yes	No	First child born at age? _____		
Abdominal pain?	Yes	No	Began menstrual cycle at age? _____		
Breast mass or lump?	Yes	No	When was your last menstrual cycle? _____		
			Have you had a hysterectomy?              Yes      No		
			If yes, do you still have ovaries?              Yes      No		
			Date of last pap smear? _____		

To the best of my knowledge, the questions on my health history sheet have been accurately answered. I understand that providing incorrect information can be dangerous to my health. It is MY responsibility to inform the doctor's office of any changes in my health status or my medications. I also authorize the healthcare staff to perform any necessary services that I may need to care for me.

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Signature of Patient or Parent/Guardian of Patient

Date

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Signature of Physician

Date